



**HEADQUARTERS
CIVIL AIR PATROL VIRGINIA WING
UNITED STATES AIR FORCE AUXILIARY**



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COMMANDERS PLEASE POST

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WING BULLETIN: It is very important that you share this Newsletter with all Members of your Unit. Please review this material at your unit meeting and post a copy on your Bulletin Board so that it will be available to ALL members. (Members can't participate if you do not tell them about upcoming events). This Bulletin is posted on the Virginia Wing Website as a PDF document. ****All reports are listed on the Virginia Paperless Wing Website. Please have your officers refer to the calendar for report dates.**

1. SAFETY – MER SAFETY BLITZ – THE NEXT VERSION

The Middle East Region (MER) is establishing the framework for the next version of the Safety Blitz, which is scheduled to be accomplished during May, 2006. A draft Concept of Operations (CONOPS) was distributed to the MER Wings a few weeks ago for comment. We in the VAWG provided several comments based on the experience of the version of the Safety Blitz completed last fall and the response to those comments was quite favorable. While we have not seen the final version of the CONOPS as of this writing, the final version should provide more specific direction and clarity for the expectations of the Safety Blitz activities. In any case, we are committed to provide better and timelier guidance for the VAWG participation in the spring, 2006 version of the MER Safety Blitz.

Related to the information provided regarding MER safety activities, please note that Major Chuck Cranford is now the Director of Safety for the Middle East Region. Chuck is well known to us in the Virginia Wing, and we wish him well and commit our full support to him in his assignment.

2. HEALTH SERVICES –

Food choices made everyday can affect your health and longevity. This includes not skipping meals and including breakfast everyday. The food and physical activity choices made today, and everyday, affect your health and how you feel today and in the future. Eating right and being physically active are keys to a healthy life.

Make smart choices from every food group. Give your body the balanced nutrition it needs by eating a variety of nutrient packed foods every day. But, be sure to stay within your daily calorie needs. Find your balance between food and physical activity. Regular physical activity is important for your overall health and fitness. It helps control body weight, promotes a feeling of well-being and reduces the risk of chronic diseases. Play it safe with foods. Prepare, handle, and store food properly to keep you and your family safe.

Healthy eating!

3. CADET PROGRAMS – Virginia Wing Cadet Competition - March 4

The Virginia Wing Cadet Competition was held on March 4, 2006 at Virginia Wing Headquarters. The winners of the three Group Color Guard Competitions were Group 3 Prince William Composite Squadron, Group 2 Langley Composite Squadron, and Group 1 Lynchburg Composite Squadron. At the end of the day, the overall winner was Langley Composite Squadron, who will represent Virginia Wing at the Middle East Region Competition on Mar31-Apr 2. Thanks to everyone who came out and helped make the day a success.

Virginia Aviation Museum and Civil Air Patrol

Cadets needed to assist at the Virginia Aviation Museum during Youth Scouter Days to be held Saturdays, April 8, May 13, June 10, July 1 and 15, Aug. 5 and 19, and Sept. 9, 2006 from 10 a.m. to 2 p.m. Approximately 7-10 cadets are needed to assist with the activities. Consider partnering with another unit. Contact Capt. Deborah Thiem if interested.

SAREVAL-Langley Air Show - May 6-7

SATURDAY, MAY 6: SAREVAL AT VIRGINIA WING HEADQUARTERS
SUNDAY, MAY 7: "AIRPOWER OVER HAMPTON ROADS" AIR SHOW AT LANGLEY AFB – Come and participate in the SAREVAL and then head east for an evening of fun on the beach, followed by the "Airpower over Hampton Roads" Air show the next day at Langley AFB. Lodging at Fort Story barracks. FREE, but reservations required. Units responsible for members, food, and transportation. Coordinated by

Capt Mark Wilder and 1st Lt David Buslinger. See Cadet Programs website for more information.

Team America Rocketry Challenge - May 20

The Langley Composite Squadron Color Guard, winners of the Virginia Wing Cadet Competition, will be presenting the Colors for Team America Rocketry Challenge finals on May 20, 2006 at Great Meadows. Minuteman Composite Squadron, Monticello Composite Squadron, Danville Composite Squadron, and Winchester Composite Squadron will be participating in the event.

Cadet Weekend - AAU Junior Olympics - Jul 29 - Aug 1

We need 200+ cadets to participate in the Opening Ceremonies of the 2006 AAU Junior Olympic Games on July 31 at 1830 at Norfolk State University. The Ceremony is designed as a patriotic tribute to the men and women of the Armed Forces, and the Virginia Civil Air Patrol has been invited to be a major part of the ceremony. They would like a mass color guard of 200 cadets to present the colors to open the Ceremony and then later be part of the presentation of a massive American Flag which covers the entire football field. The AAU Junior Olympics is one of the largest amateur youth athletic programs in the country, and they anticipate over 14,000 athletes between the ages of 5 and 18, their families and their coaches to be at this Ceremony. The cadets need to do one rehearsal, a day or two before and then the event itself. They can feed the units on the show day and pay for transportation. Lodging arrangements and other activities on Sunday and Monday to be announced. The VA Project Officer is Capt. Mark Wilder. See Cadet Programs website for more information.

Cadet Programs Website

The Cadet Programs website contains information regarding Wing Activities, pages to recognize the accomplishments of cadets, and training resources. Visit often as pages are updated frequently. Currently looking for senior members and cadets to assist with activities, including Aerospace Education Days, Drill Team, and Wing Conference. Contact Capt. Deborah Thiem if interested.

ENCAMPMENT APPLICATIONS AND ENCAMPMENT SCHOLARSHIP APPLICATIONS ARE NOW BEING ACCEPTED.

4. AEROSPACE EDUCATION – AEROSPACE EDUCATION (AE)

Congratulations to Bert Jones our VAWG Internal AEO for his recent promotion to Lt Col which is well deserved. Bert helps me out in

visiting some of the Squadrons, is working on AEO Users Guide and teaches AE Sessions at CLC and SLS.

As most of you know the Wing Staff has decided to ease the burden on AEO's and CC's by requiring that AE Reports be submitted semi-annually rather than quarterly. That means I will only expect a report by 10 July and 10 January each year. I am still looking for some one that can scan the Squadron Report form in the AEO Handbook CAPP 15 and convert it to a MS Word template or .dot file. This form is shorter and easier to fill out than the one we have been using.

We had a great time assisting in Girl Scout Day at the Hazy Center on 25 March. Cadets from the Fredericksburg and Prince William Squadrons had a good opportunity to discuss our CAP Program with the Scouts and their parents. Two experts from Analytical Graphics, Inc. were on hand to demonstrate the Satellite Tool Kit (STK) program and provide some hands on training to our Cadets. I expect will have some more proficient STK operators within the Wing soon.

The next big event at the Hazy Center for us will be Space Day on 5 May. This will be the third year we have supported this event. In the past we have had dignitaries such as Senator John Glenn and the newly selected Astronauts. Last year we had lunch with Cdr Bill Oefelein, USN who will be the pilot for STS-116 which is the second shuttle to be launched this year. CAP has also been asked to provide an Honor Guard for the opening session.

The 2006 Team America Rocketry Challenge (TARC) takes place at the Plains, Virginia on 20 May. We again have been asked to provide an Honor Guard for this event. More than 800 students from schools from all across the country will be there. Several of our Virginia Wing units, Minuteman, Winchester, Monticello and Danville are planning on participating in the Rocketry Challenge.

On 17 June the Virginia Air Museum will hold its annual Air Fair. Dave Reisenwitz, our AEM and Education Community Liaison/Public Affairs for the Museum has offered us space for exhibiting a CAP aircraft, Emergency Services demonstrations and a recruiting booth. Hopefully Squadrons in Richmond area will be able to support this.

I recently received a request from the Mountain Empire Region of the Blue Ridge Mountains Council, Boy Scouts of America who are planning a large "Flight" themed summer camp and have asked for our help in providing flight simulators. One of Group I members has suggested that we might bring in a CAP aircraft for the event and having Cadets

teach parts of the aviation syllabus. Lt Col Karen Copenhaver of the Middle East Region has offered to help me with this event since she lives in the local area.

I just learned that Lt Col Ken Smith, former VAWG DAE had to postpone an Aerospace outing for the Grundy Squadron Cadets due to a flu epidemic in the local schools. I hope those who are ill get well soon and Ken can get on with his project.

The National Conference on Aviation and Space Education (NCASE 2006) will be held at the Crystal Gateway Marriott in Arlington, Virginia 19-21 October 2006. Please save these dates. It promises to be a big event next year with significant improvements to those held in the past. You can get a full description of the convention on the web site www.ncase.info.

A member of the Wing AE Staff would like to pay a visit to your unit this year. This may be conjunction with a Unit Inspection or as a Staff Assistance Visit. Please let Major Bert Jones or myself know when we can schedule something. We will probably need at least a month's notice. Lt Col David C. Scull, VAWG DAE, 7897 Wellington Drive, Warrenton, VA 21086, Ph: 540 349-9310, E-mail: kd4sv@arri.net. Lt Col Albert L. Jones, VAWG Asst. Director for Internal AE, 370 Westview Lane, Heathsville, VA 22743 Ph: 804 580-5120, E-Mail: uptheriver@rivnet.net.

Newsbreak

From Leesburg Composite Squadron:

Over the past month, several outstanding cadets from the Leesburg Composite Squadron have worked hard to earn promotions, squadron staff positions, and encampment staff positions.

Congratulations to all cadets who received a promotion this month. David Golden was promoted to C/TSgt, Jared Willard and Jordan Willard both earned the rank of C/MSgt, Allen Ernst became a C/SMSgt, Zach Desjardins and Nick Lombardo were promoted to C/A1C, and Shannon Kelley and David Keran were promoted to C/SSgt.

Our squadron is also proud to announce a new cadet staff. Our squadron's new Cadet Commander is C/Capt. Heather White and the Deputy Commander is C/2LT Nate Bray. The position of Executive Officer is held by C/CMSgt Daniel Ryan. Our new Alpha Flight

Commander is C/2LT Jim Clendenin, and our Bravo Flight Commander is C/2LT Eric Andrade. Sgt. Keran now holds the position of Alpha Flight Sergeant, and Sgt. Ernst is our new Bravo Flight Sergeant. C/2LT Samantha Golden is serving as Public Affairs Officer and Emergency Services Officer. C/Capt. Connor Dancy is our current Aerospace Education Officer. He is also acting as Training Officer, along with C/LtCol. Chris White. Our new Safety Officer is Sgt. Cody Chapman and Cadet Darren Waters is our Guidon Bearer. C/LtCol Chris White is currently serving as our Color Guard Commander, while training C/MSgt Jordan Willard for the same position. C/2LT Jim Clendenin is our squadron's new CAC Representative.

Our Aerospace Education program is benefiting from a generous donation from the Gabriel Chapter of the Air Force Association. The donation is funding our model rocketry program. The cadets have completed the Redstone portion and enjoyed launching their fizzy and air rockets.

Lastly, the Leesburg Composite Squadron would like to congratulate the following cadets on their recent selection as staff for the 2006 Virginia

Wing Encampment: Heather White (CQ Officer), Jared Willard (Flight Sergeant), Jim Clendenin (Flight Commander), Samantha Golden (Flight Commander), and Daniel Ryan (Flight Commander). These five cadets are honored to become part of the leadership at this year's basic encampment.

Respectfully,

C/2Lt Samantha Golden, PAO

Group 2 Cadet Programs News

Congratulations to the following cadets for their milestone achievements!

- C/2d Lt. Amy C. Clingenpeel, CAP of Southside Composite Squadron on her Mitchell Award.
- C/SSgt. James A. Godwin of Southside Composite Squadron on completing his Wright Brothers achievement.
- C/SSgt. Shauna R. Harlan of Southside Composite Squadron on completing her Wright Brothers achievement.
- C/SSgt. Jordan A. Lawhon of Tidewater Composite Squadron on completing his Wright Brothers achievement.

Once again, congratulations to C/Col. Ian Sturdy, CAP of Newport-News on completing the General Carl A. Spaatz achievement, he is the 1587 cadet in CAP history to achieve this tremendous accomplishment!

C/Capt. Michael R. Winn, CAP of Tidewater Composite Squadron has been accepted to the United States Air Force Academy, he reports to Colorado in January of 2007.

Cadet Hannah Marcelo, of Coastal Composite Squadron has been accepted to the US Military Academy (West Point) and the United States Coast Guard Academy, congratulations!

Cadet Sean Carranza of Coastal Composite Squadron was accepted into Old Dominion University, good luck and congratulations!!!

Langley Composite Squadron will be representing Virginia Wing to the Middle East Region Cadet Competition for the Color Guard section of the competition. The competition will be held 31 MAR 06- 2 APR 06 at Fort Pickett. Congratulations Langley Composite Squadron! The Color Guard members are C/SrA Carmella Burruss (Cadet Commander), C/Amn Jordan Roberson, C/A1C David Johnson, C/Amn Thomas Humphrey, and C/Amn Terrell Kingwood. The senior escorts (who also play a very important role) are SM Rachele Burruss and Capt Jason Smith.

A big thank you to the cadets and seniors (and parents!) of Southside Composite Squadron for helping out at the Virginia Aviation Museum in Richmond, you guys did a great job representing CAP!

1Lt. Chelle Anderson, Cap
Cadet Programs Officer