



Encampment Parent Brief



Topics for tonight:

- Basic overview
 - Admin prep (process, gear list, etc.)
 - Cadet prep (e.g., boot wear in)
 - Drop-off (procedures, forms, meds, contraband)
 - Facilities overview (barracks, dining, base layout)
 - General schedule for the week
 - Typical daily routine
 - Graduation/Pick-up
 - Parent Q&A
- PLEASE save questions for the end.*

MOTIVATION CHECK...

VAWG ENC22 Movie: <https://youtu.be/r8W75qnhsko>



Encampment Parent Brief



PURPOSES

The purpose of encampment is for each cadet to:

- Develop leadership skills
- Investigate aerospace sciences and related careers
- Commit to a habit of regular exercise
- Solidify their moral character

VISION

“An immersion into the full opportunities and challenges of cadet life.”

- [CAP Nat'l Encampment Information](#)
- [VAWG Encampment Homepage](#)
 - Registration link, packing list, social media pages



Encampment Parent Brief



Goals & Philosophy

Encampment pursues **goals** in five different areas simultaneously. The overall encampment program sets goals for:

- Each cadet-student as an individual
- Each cadet-cadre member as an individual
- The cadets collectively, as flights or teams
- Each senior member as an individual
- Programmatically, for the Wing's overall Cadet Program

Philosophy: Encampment presents the five key traits of cadet life – the uniform, aerospace themes, opportunities to lead, challenge, and fun (ref: CAPR 60-1, chapter 1) – in an intense environment that moves cadets beyond their normal comfort zones for personal growth.



Encampment Parent Brief



What is Encampment?

- A weeklong (8 days) training event focused on teamwork, and leadership development
 - Cadets must complete 80% of encampment to receive credit
- An immersive leadership lab allowing cadets to experience a full staff of leadership and CAP curriculum exposure
- A solid foundation for Phase 1 and Phase 2 cadets to learn the basics of cadet life, including uniform wear, fitness, drill and ceremonies, and customs and courtesies
- An opportunity for Phase 2, 3, and 4 cadets to apply their leadership skills and knowledge
 - Cadre members are Cadets who have completed encampment as a student and now are running it as staff
 - Cadre is also a big part of the learning process



Encampment Parent Brief



What Encampment is Not

- Basic Military Training (BMT) or equivalent
- “Boot camp”
- A disciplinary camp for troubled teenagers
- "Summer Camp"
- A “Right of passage”*
 - *ENC is required for attending National Cadet Special Activities, Flight Academies, and promoting to officer grades



Encampment Parent Brief



What to expect at Encampment

- Intensity
- Pushed comfort zone
- Healthy stressful environment
- Camaraderie
- New experiences
- A deeper understanding of CAP Cadet life
- A full support staff covering meals, medical, transportation, faith based, counseling, and educational needs
- Military style barracks, showers, and classrooms



Encampment Parent Brief



What NOT to expect at Encampment

- Hazing
- Physical punishment
- Bullying
- Forced labor
- Forced attendance
- Coddling
 - Different from comfort regarding to chaplain & medical support staff
- Special treatment for higher grades/ages/ranks/current squadron positions
- Relaxation
- Combat Training



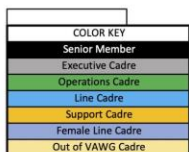
(8) Squadrons
(3) Flights per Squadron
(12) Students per Flight + (2) Cadet cadre

Organization

Black Boxes = Senior Members



VAWG ENC23 ORG CHART
18-Feb-23



Totals

SM	62
Cadre	119
Students	288 (12x 24 Flts)
	469

9 SM
12 Cadets

Operations Officer
MSgt Knichel, S.
C/Operations Officer
C/Maj Stevens, B.
VA-094

Commander
Lt Col Nicholson, S.
Cadet Commander
C/Maj Long, C.
VA-060

Deputy of Support
1st Lt McGee, E.
C/Deputy of Support
C/Maj Creese, L.
VA-040

ENC Liaison / MILAir
1st Lt Spurrier, J.

Admin / IT
Maj McCabe, M.

Chaplain/Chap Support
Lt. Col Miner, T
Maj Spence, D.
Capt Whiteley, J.

Finance
1st Lt Tetley, L.

Drivers
SM Ackeret, A.
SM Newman, S.
2nd Lt Tetley, K. (F)

Attending
all
?
Tue-Thu

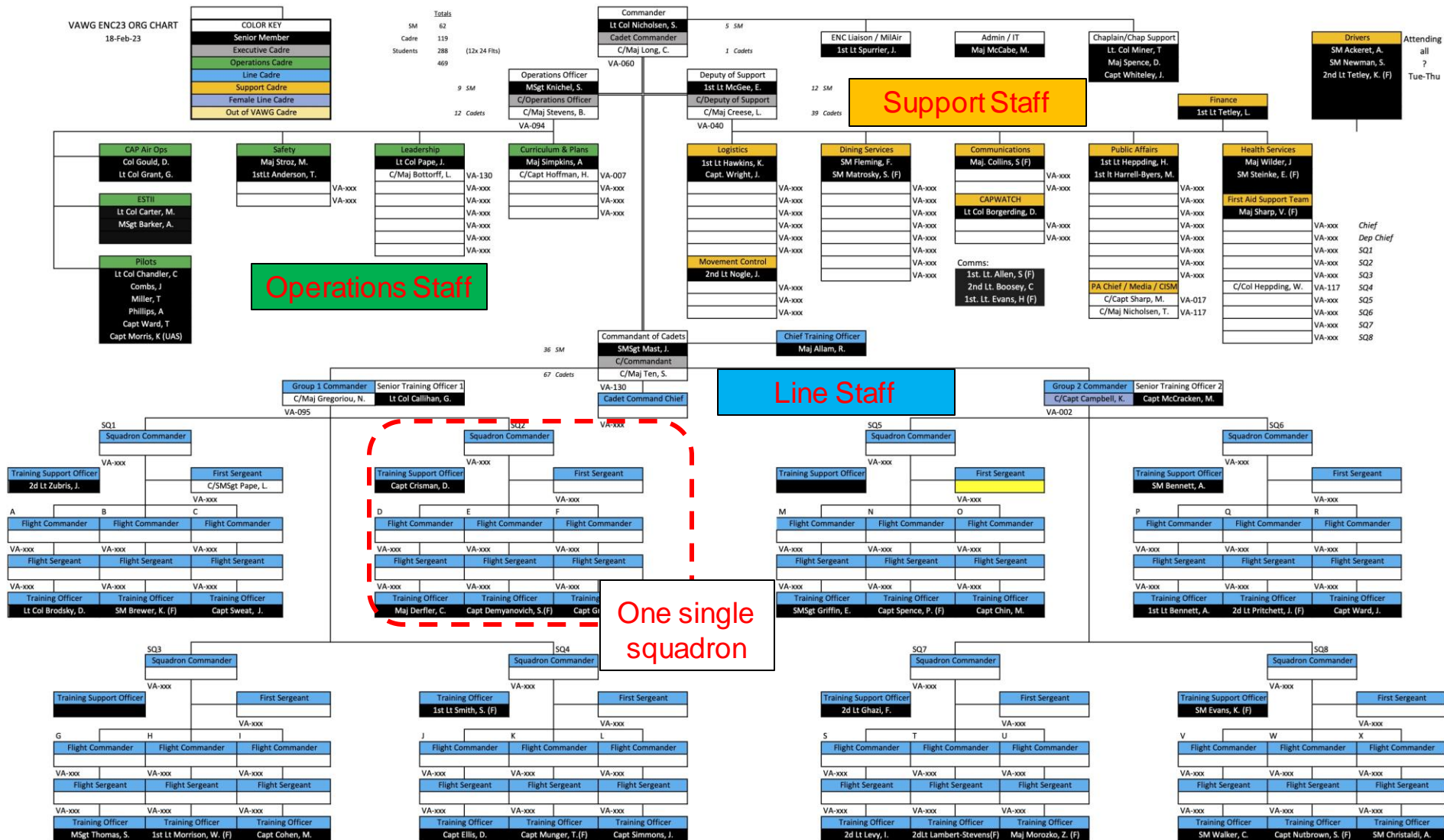
Support Staff

Operations Staff

Commandant of Cadets
SMSgt Mast, J.
C/Commandant
C/Maj Ten, S.
VA-130
Cadet Command Chief

Line Staff

One single
squadron





Organization

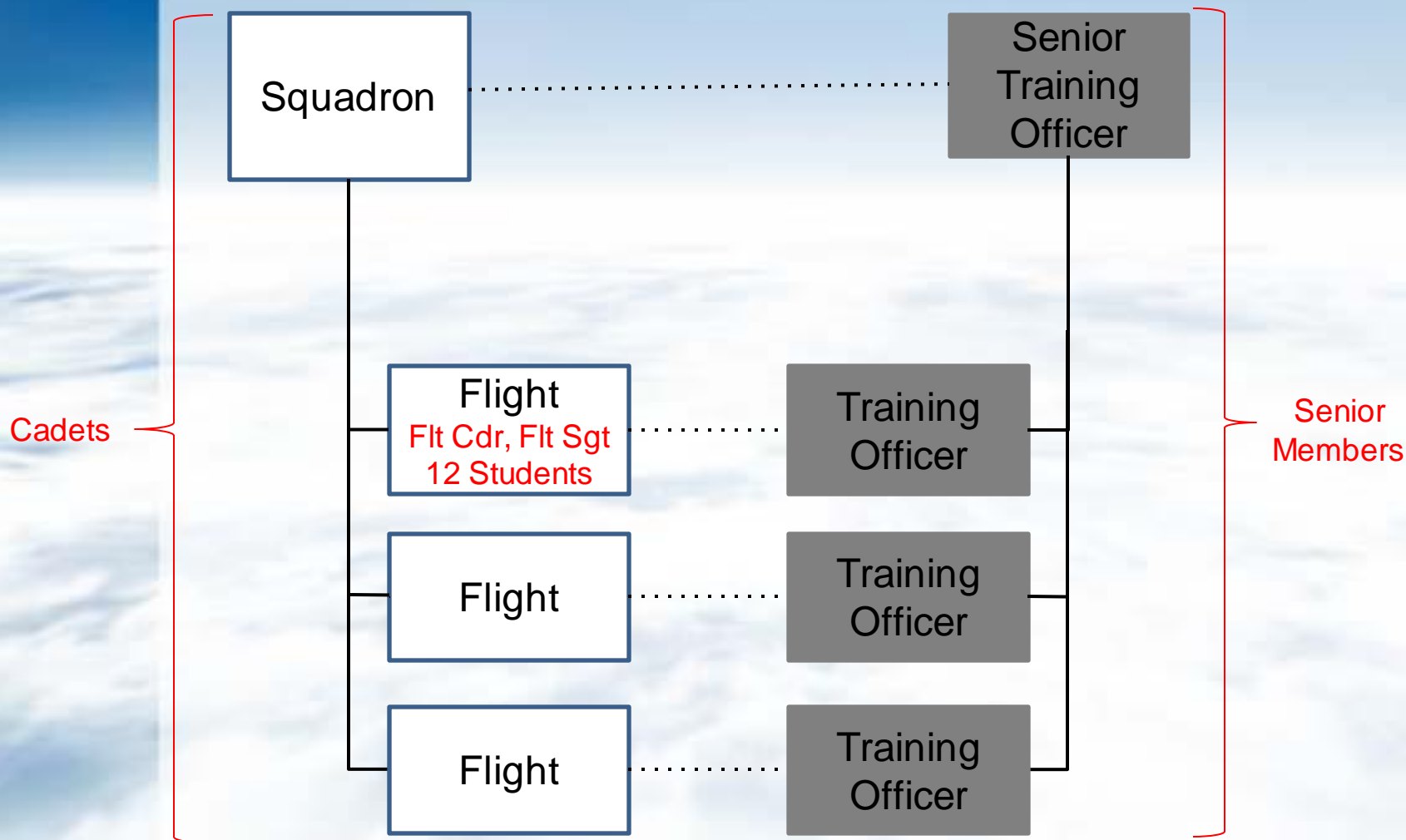


Virginia Wing Encampment



Organization

Cadet Training Squadron



Virginia Wing Encampment



Arrival/Departure Dates

SM Staff, Cadre, & Students



Further instructions for both arrival and departure information will be sent and posted on the website.

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					-1 Select staff arrive in afternoon	0 ~1000 Staff/Cadre Arrival
1 ~1200 Student Arrival	2	3	4	5	6	7
8 ~1200 Graduation & All Depart						

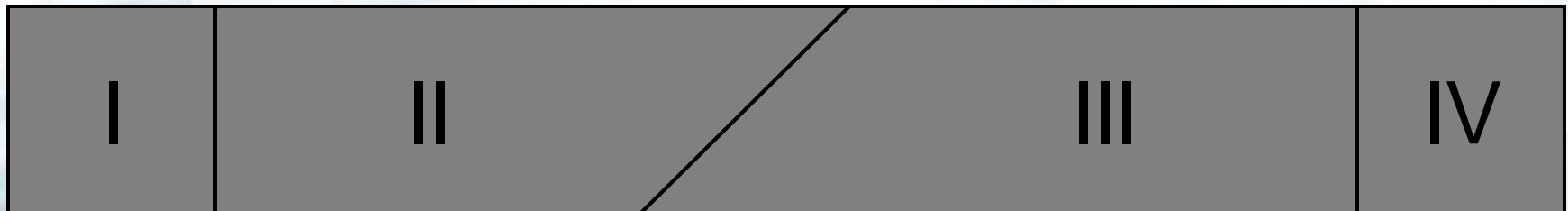
Virginia Wing Encampment



Phases of Encampment



- I.** Challenging
- II.** Forming
- III.** Exploring
- IV.** Concluding



Virginia Wing Encampment

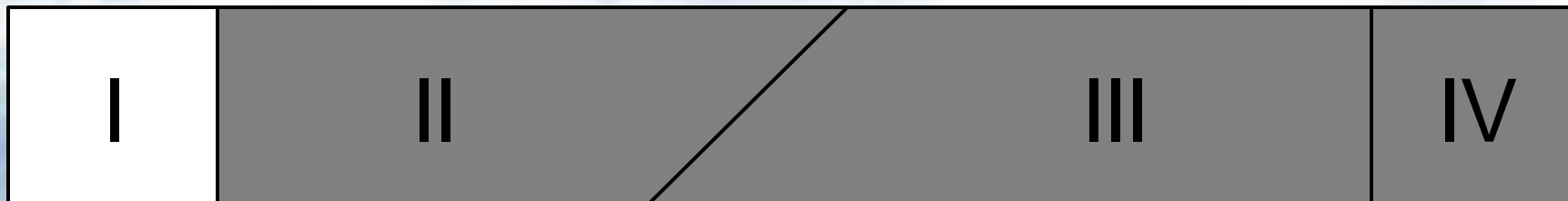


Phase I – Challenging

About 3 hours

- **Sign-in**
- **Goodbye to parents**
- **Welcome briefing**
- **Honor agreement**

Intensity of a normal CAP meeting



Virginia Wing Encampment



Contraband Check

Individual checks with Training Officer present

Training Officers inspect for:

- **Required gear**
- **Prescription Meds**
- **Tobacco, e-cigs, alcohol, illegal drugs**
- **Unusual drugs, herbs, supplements (check w/medical)**
- **Snacks, candy, drinks**
- **Phones, electronics (non-smart watches OK)**
- **Weapons, knives, fireworks**
- **Morally inappropriate or unsafe items**

With any contraband, staff will inventory for return after graduation or parents can take with them during check in.

Virginia Wing Encampment



Phase II – Forming

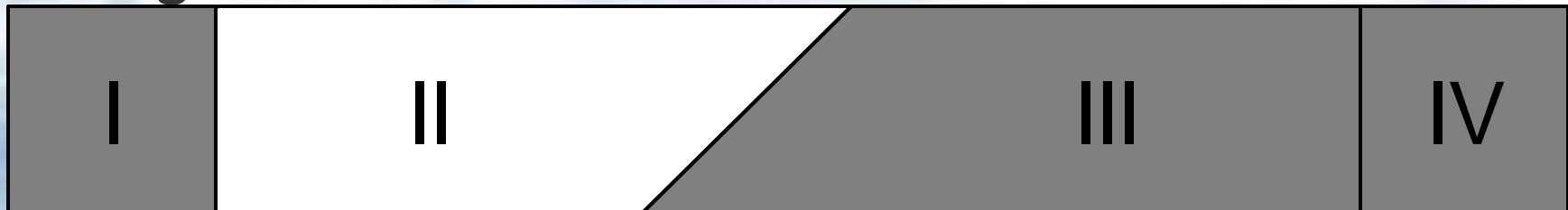


About 2-3 days

- Flight assignments
- Leadership classes
- Inspections, Drill, Physical Training (throughout encampment)

Military skills instruction

- Teambuilding
- Regimentation
- Flight-level instructional focus



Virginia Wing Encampment



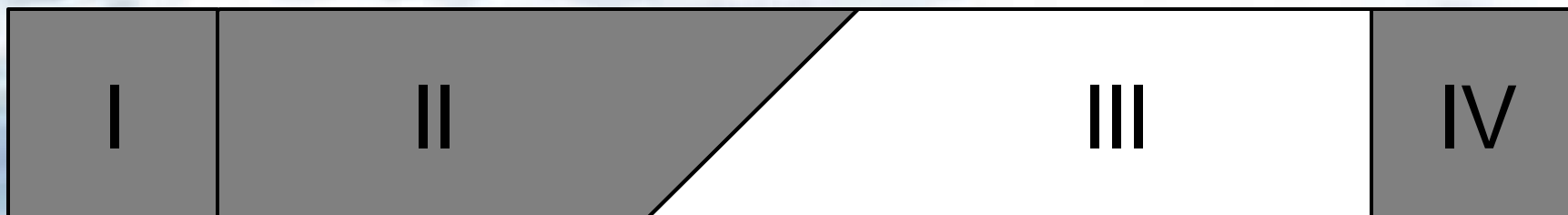
Phase III – Exploring

About 3-4 days

- **Aerospace/STEM career familiarization**
- **Rappelling, obstacle courses, and simulators**
- **O-rides**

Spontaneous leadership

- **Self-discipline**
- **Team identity**
- **Cadre refocus students toward goals**



Virginia Wing Encampment



Phase IV – Concluding

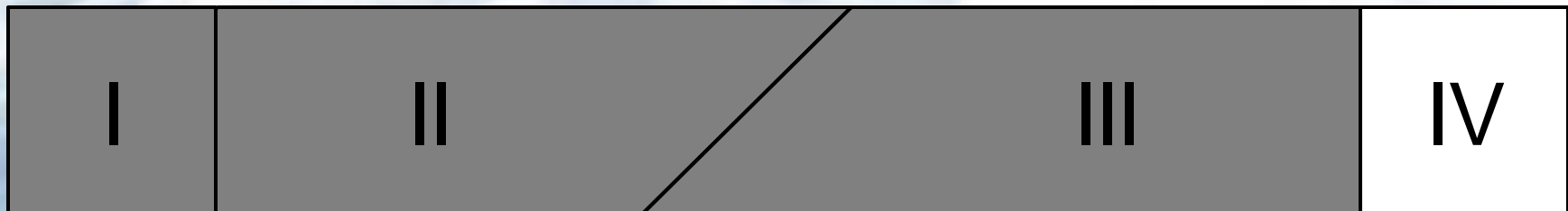


About Day 8

- Individual feedback reviews
- Banquet
- Cleanup
- Parade

Review accomplishments

Present future opportunities



Virginia Wing Encampment



A Day at Encampment



6:15 AM	PT
7:30 AM	Formation
7:45 AM	Breakfast
9:00 AM	Morning activities
Noon	Lunch
1:30 PM	Afternoon activities
5:15 PM	Dinner
6:45 PM	Team sports
8:15 PM	Formation
8:30 PM	Showers, blister checks, Chaplain, and personal time
9:00 PM	Staff meetings
9:30 PM	Student lights out – staff free time

Virginia Wing Encampment



End-of-Day Sample



8:15 PM	Evening formation			
8:30 PM	Student shower time	Chaplain time	Cadre in barracks	—
8:45 PM		Student shower & personal time		Cadre meetings & personal time
9:00 PM	Student personal time			
9:15 PM				
9:30 PM	Student lights out		Cadre meetings & personal time	Staff meetings
9:45 PM				
10:00 PM			Cadre lights out	



Typical Busy Mid-Week Day



Day 4 / Wednesday 27																
START	END	Squadron 1	Squadron 2	Squadron 3	Squadron 4	Squadron 5	Squadron 6	O - Rides	START	END						
0600	0615	Wakeup (X5)							0600	0615						
0615	0630	PT (F2)							0615	0630						
0630	0645								0630	0645						
0645	0700								0645	0700						
0700	0715								0700	0715						
0715	0730	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	2 flights from SQ 5 O-rides	0715	0730						
0730	0745	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)		0730	0745						
0745	0800	Group Reveille (L4)							0745	0800						
0800	0815	Breakfast (X7)	Breakfast & Flt/CC time (X7, X11)	Breakfast & Flt/CC time (X7, X11)	Breakfast & Dorm Prep (X7)	Breakfast (X7)			0800	0815						
0815	0830					Vans to EST			0815	0830						
0830	0845					EST			0830	0845						
0845	0900					EST			0845	0900						
0900	0915	0900	0915													
0915	0930	0915	0930													
0930	0945	Vans to LRC	Dorm Prep	Rappel Tower		LRC (L40)	Vans to EST	EST / Flt/CC Time	Dorm Prep/ Inspections	0930	0945					
0945	1000									0945	1000					
1000	1015									Drill & Ceremonies (L6)	Rappel Tower	LRC (L40)	EST / Flt/CC Time	Dorm Prep/ Inspections	1000	1015
1015	1030														1015	1030
1030	1045	1030	1045													
1045	1100	1045	1100													
1100	1115	LRC (L40)	Dorm Inspection				Rappel Tower	LRC (L40)	EST / Flt/CC Time	Dorm Prep/ Inspections	2 flights from SQ 2 O-rides	1100	1115			
1115	1130											1115	1130			
1130	1145											1130	1145			
1145	1200											1145	1200			
1200	1215	LRC (L40)	Dorm Inspection				Rappel Tower	LRC (L40)	EST / Flt/CC Time	Dorm Prep/ Inspections	2 flights from SQ 2 O-rides	1200	1215			
1215	1230											1215	1230			
1230	1245			1230		1245										
1245	1300			1245	1300											
1300	1315	Lunch (X8)	Vans to Obstacle Course	Dorm Prep	Drill & Ceremonies (L6)	Rappel Tower/ Field Lunch	Vans to Rappel	Dorm Prep/ Inspections	1300	1315						
1315	1330								1315	1330						
1330	1345								1330	1345						
1345	1400								1345	1400						
1400	1415	TLC#2 again	Obstacle Course (L40)	Flt/CC time / Dorm Prep				Rappel Tower	1400	1415						
1415	1430			Dorm Inspection					1415	1430						
1430	1445			TLC#2 again					1430	1445						
1445	1500			Vans from Rappel					1445	1500						
1500	1515	EST / Flt/CC Time	Vans from Obstacle Course	Drill Inspection	Flt/CC Time	Vans from Rappel	Flex Time	1500	1515							
1515	1530							1515	1530							
1530	1545							1530	1545							
1545	1600							1545	1600							
1600	1615	Vans from EST	Obstacle Course	Drill Inspection	Flt/CC Time	Vans from Rappel	Flex Time	1600	1615							
1615	1630							1615	1630							
1630	1645							1630	1645							
1645	1700							1645	1700							
1700	1715	Aerospace Foundations II -Space (A2) Instructor: Maj Borgerding, Location: 1702							1700	1715						
1715	1730								1715	1730						
1730	1745								1730	1745						
1745	1800								1745	1800						
1800	1815	Dinner / Mid-Week Leadership Feedback & Knowledge Evals (X9)							1800	1815						
1815	1830								1815	1830						
1830	1845								1830	1845						
1845	1900								1845	1900						
1900	1915	Change into PT Uniform							1900	1915						
1915	1930								1915	1930						
1930	1945	Team Sports (F3)							1930	1945						
1945	2000								1945	2000						
2000	2015	Travel							2000	2015						
2015	2030	Group Retreat (L5)							2015	2030						
2030	2045	Shower (X6)	Blister checks	Shower (X6)	Blister checks	Shower (X6)	Blister checks		2030	2045						
2045	2100	Blister checks	Shower (X6)	Blister checks	Shower (X6)	Blister checks	Shower (X6)		2045	2100						
2100	2115	Student Personal Time / Religious Services / Sqd Cadre Meetings (X13, X15)							2100	2115						
2115	2130								2115	2130						
2130	2145	Student Lights Out 2130 / Cadre Free Time (X14, X16)							2130	2145						
2145	2200								2145	2200						

This is broken down further on the next three slides.

START	END	Squadron 1	Squadron 2	Squadron 3	Squadron 4	Squadron 5	Squadron 6	O - Rides	START	END	
0600	0615	Wakeup (X5)							0600	0615	
0615	0630	PT (F2)							Breakfast	0615	0630
0630	0645								0630	0645	
0645	0700								0645	0700	
0700	0715	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Vans to Airfield	0700	0715	
0715	0730	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	2 flights from SQ 5 O-rides	0715	0730	
0730	0745	Group Reveille (L4)							0730	0745	
0745	0800	Breakfast (X7)	Breakfast & Flt/CC time (X7, X11)	Breakfast & Flt/CC time (X7, X11)	Breakfast & Flt/CC time (X7, X11)	Breakfast & Dorm Prep (X7)	Breakfast (X7)		0745	0800	
0800	0815						Vans to EST		0800	0815	
0815	0830						EST		0815	0830	
0830	0845	EST		0830	0845						
0845	0900			EST	0845	0900					
0900	0915		EST		0900	0915					
0915	0930	EST			0915	0930					
0930	0945			EST	0930	0945					
0945	1000		EST		0945	1000					
1000	1015	EST			1000	1015					
1015	1030			EST	1015	1030					
1030	1045		EST		1030	1045					
1045	1100	EST			1045	1100					
1100	1115			EST	1100	1115					
1115	1130		EST		1115	1130					
1130	1145	EST			1130	1145					
1145	1200			EST	1145	1200					
1200	1215		EST		1200	1215					
1215	1230	EST			1215	1230					
1230	1245			EST	1230	1245					
1245	1300		EST		1245	1300					
1300	1315	EST			1300	1315					
1315	1330			EST	1315	1330					
1330	1345		EST		1330	1345					
1345	1400	EST			1345	1400					
1400	1415			EST	1400	1415					
1415	1430		EST		1415	1430					
1430	1445	EST			1430	1445					
1445	1500			EST	1445	1500					
1500	1515		EST		1500	1515					
1515	1530	EST			1515	1530					
1530	1545			EST	1530	1545					
1545	1600		EST		1545	1600					
1600	1615	EST			1600	1615					
1615	1630			EST	1615	1630					



Typical Busy Mid-Week Day

Second "Half" of the Day



1630	1645	Aerospace Foundations II -Space (A2) Instructor: Maj Borgerding, Location: 1702							1630	1645
1645	1700								1645	1700
1700	1715								1700	1715
1715	1730								1715	1730
1730	1745	Dinner / Mid-Week Leadership Feedback & Knowledge Evals (X9)							1730	1745
1745	1800								1745	1800
1800	1815								1800	1815
1815	1830								1815	1830
1830	1845								1830	1845
1845	1900								1845	1900
1900	1915	Change Into PT Uniform							1900	1915
1915	1930	Team Sports (F3)							1915	1930
1930	1945								1930	1945
1945	2000								1945	2000
2000	2015	Travel							2000	2015
2015	2030	Group Retreat (L5)							2015	2030
2030	2045	Shower (X6)	Blister checks	Shower (X6)	Blister checks	Shower (X6)	Blister checks		2030	2045
2045	2100	Blister checks	Shower (X6)	Blister checks	Shower (X6)	Blister checks	Shower (X6)		2045	2100
2100	2115	Student Personal Time / Religious Services / Sqd Cadre Meetings (X13, X15)							2100	2115
2115	2130								2115	2130
2130	2145	Student Lights Out 2130 / Cadre Free Time (X14, X16)							2130	2145
2145	2200								2145	2200

Virginia Wing Encampment



Take Another Look



Day 4 / Wednesday 27												START	END					
START	END	Squadron 1	Squadron 2	Squadron 3	Squadron 4	Squadron 5	Squadron 6	O - Rides		START	END							
0600	0615	Wakeup (X5)										0600	0615					
0615	0630	PT (F2)										0615	0630					
0630	0645											0630	0645					
0645	0700											0645	0700					
0700	0715											0700	0715					
0715	0730	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Vans to Airfield		0715	0730							
0730	0745	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)	Dress & Dorm Prep	Shower (X6)			0730	0745							
0745	0800	Group Reveille (L4)										0745	0800					
0800	0815	Breakfast (X7)	Breakfast & Fit/CC time (X7, X11)	Breakfast & Fit/CC time (X7, X11)	Breakfast & Dorm Prep (X7)	Breakfast (X7)	2 flights from SQ 5			O-rides	0800	0815						
0815	0830										Vans to EST	0815	0830					
0830	0845										EST	0830	0845					
0845	0900											0845	0900					
0900	0915	0900	0915															
0915	0930	0915	0930															
0930	0945	Vans to LRC	Dorm Prep	Rappel Tower		Vans to EST		EST / Fit/CC Time	Dorm Prep/ Inspections	SQ 5 to EST, SQ 2 travel to Airfield	0930	0945						
0945	1000										0945	1000						
1000	1015				Drill & Ceremonies (L6)						Dorm Prep	Rappel Tower	LRC (L40)	EST / Fit/CC Time	Dorm Prep/ Inspections	2 flights from SQ 2	1000	1015
1015	1030																1015	1030
1030	1045	1030	1045															
1045	1100	1045	1100															
1100	1115	LRC (L40)	Dorm Inspection		Rappel Tower	LRC (L40)	EST / Fit/CC Time	Dorm Prep/ Inspections	2 flights from SQ 2	1100	1115							
1115	1130									1115	1130							
1130	1145									1130	1145							
1145	1200									1145	1200							
1200	1215	Lunch (X8)	Vans from Rappel		Vans to DFAC	Vans to Rappel	Dorm Prep/ Inspections				1200	1215						
1215	1230										1215	1230						
1230	1245										1230	1245						
1245	1300										1245	1300						
1300	1315	Lunch (X8)	Vans to Obstacle Course		Dorm Prep	Drill & Ceremonies (L6)	Rappel Tower/ Field Lunch	Vans to Rappel			1300	1315						
1315	1330										1315	1330						
1330	1345			1330							1345							
1345	1400			1345							1400							
1400	1415	TLC#2 again		Fit/CC time / Dorm Prep		Rappel Tower				1400	1415							
1415	1430									1415	1430							
1430	1445									1430	1445							
1445	1500									1445	1500							
1500	1515	EST / Fit/CC Time	Obstacle Course (L40)	Dorm Inspection	Vans from Rappel	Rappel Tower				1500	1515							
1515	1530									1515	1530							
1530	1545									1530	1545							
1545	1600									1545	1600							
1600	1615	Vans from Obstacle Course		Drill Inspection	Fit/CC Time		Vans from Rappel			1600	1615							
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2100	2115	Student Personal Time / Religious Services / Sqd Cadre Meetings (X13, X15)										2100	2115					
2115	2130											2115	2130					
2130	2145											2130	2145					
2145	2200											2145	2200					
Student Lights Out 2130 / Cadre Free Time (X14, X16)												2145	2200					



Cadet Prep

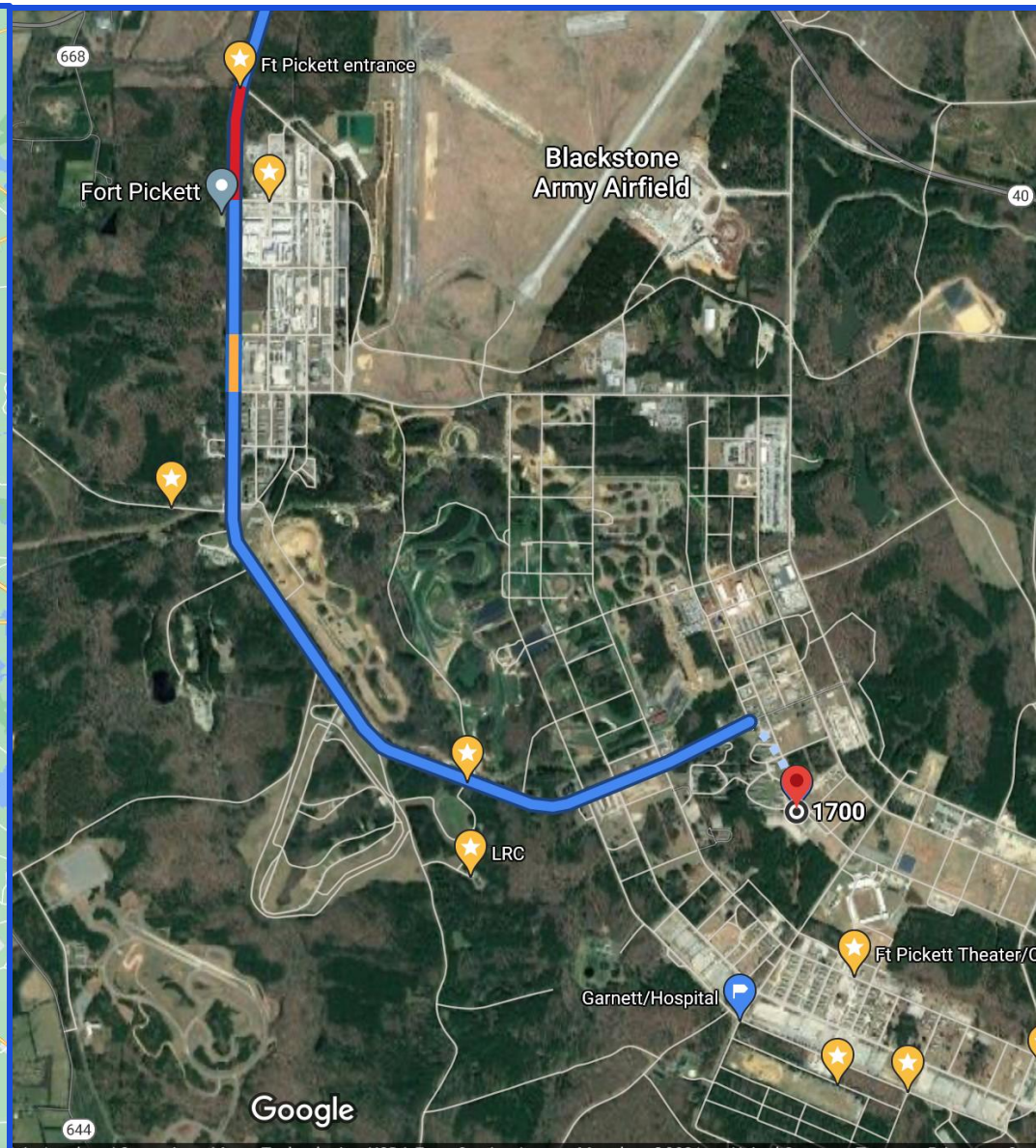
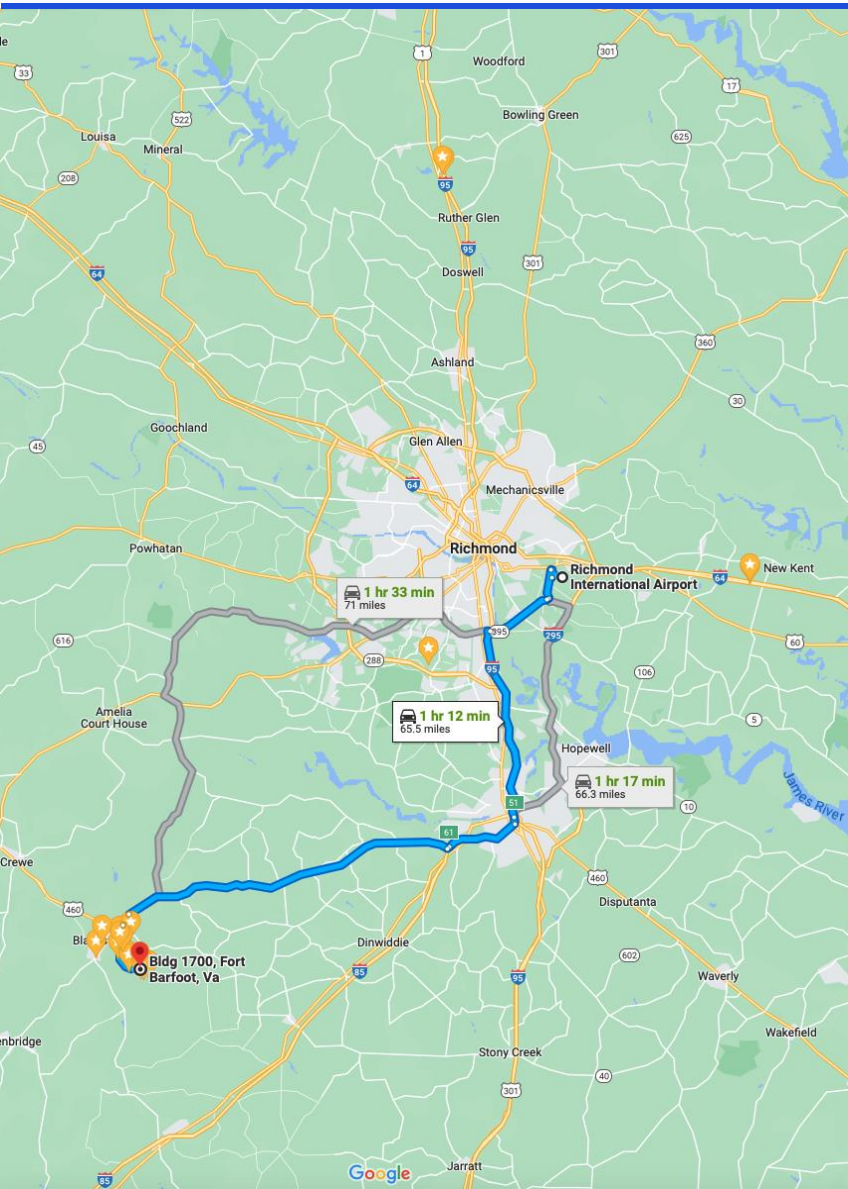
Hot Topics



- **Complete the paperwork.** See the detailed instructions sent via email. First ask your local squadron for assistance.
 - CAPF60-81 Application – Requires home squadron approval.
 - Health forms – Fill out completely so that the ENC staff knows how to best care for your son or daughter. As a safety concern, no hand written forms.
 - Payment – This is the final requirement to receive a slot.
- **Prepare your feet!!!** Wear boots ahead of time. They don't look cool wearing with shorts around the neighborhood, but you'll be glad you prepared. Like... really glad.
- **Shower, brush your teeth, use sunscreen & bug spray.** Do it!
 - Talk about the importance of this ahead of time.
- **Medication:** Bring your meds and be **FULLY** prepared to give yourself required daily meds. Can **ONLY** take what's on your required documents. Check the OTC list as well.
 - This is NOT the time to stop taking prescription meds!
- **Required gear:** Bring it! Double check the list. There will be no opportunity to go shopping for missing items.
 - Do not bring any contraband items. Cadets will not be allowed to access them during the event.



Look and Feel of Encampment



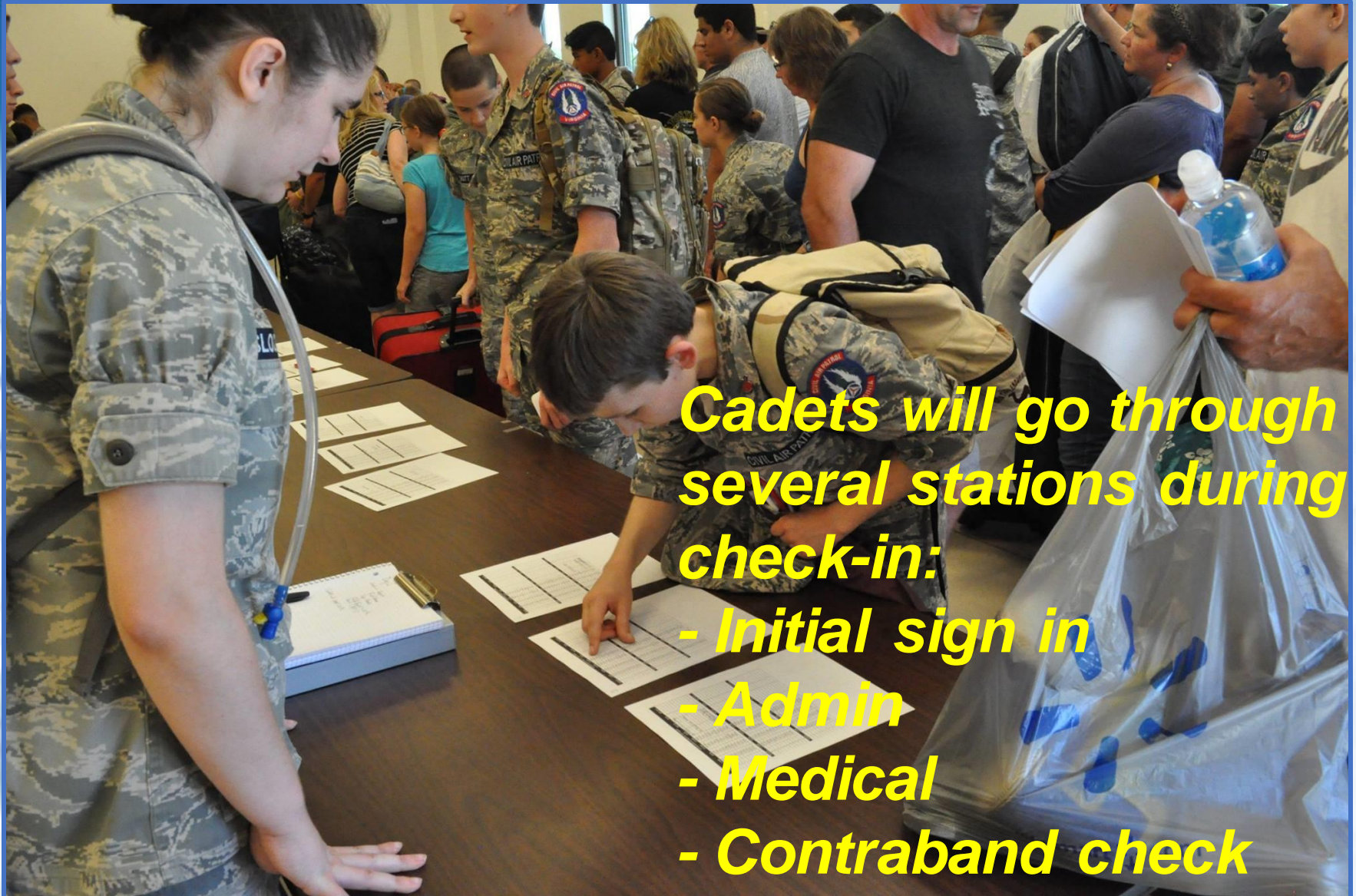


Look and Feel of Encampment





Check-In



***Cadets will go through
several stations during
check-in:***

- Initial sign in***
- Admin***
- Medical***
- Contraband check***



Check-In

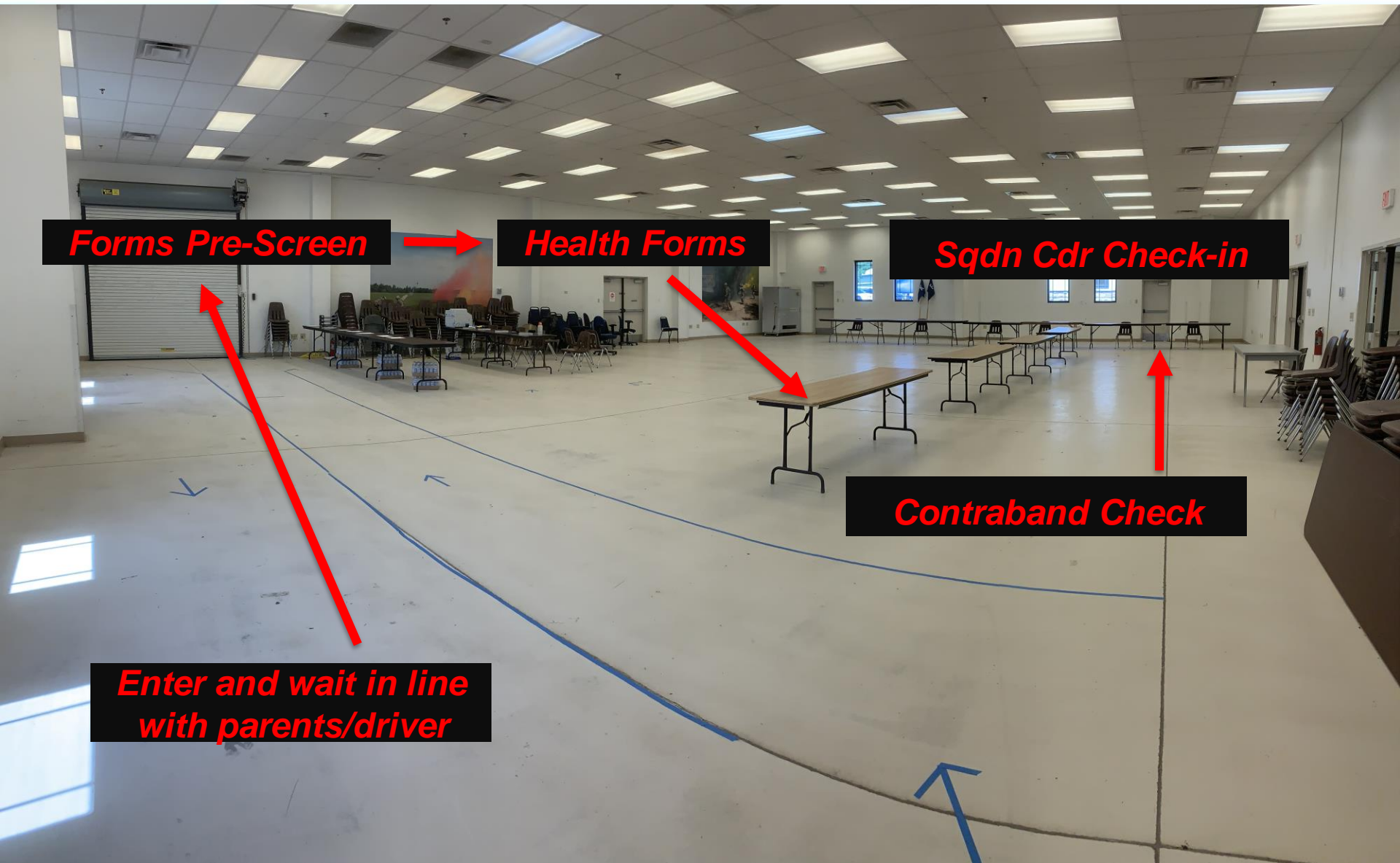


*Check-in will start outside, then
proceed inside.
Drive SLOWLY through the parking
lot please!*

Virginia Wing Encampment



Check-In



Forms Pre-Screen

Health Forms

Sqdn Cdr Check-in

Contraband Check

**Enter and wait in line
with parents/driver**



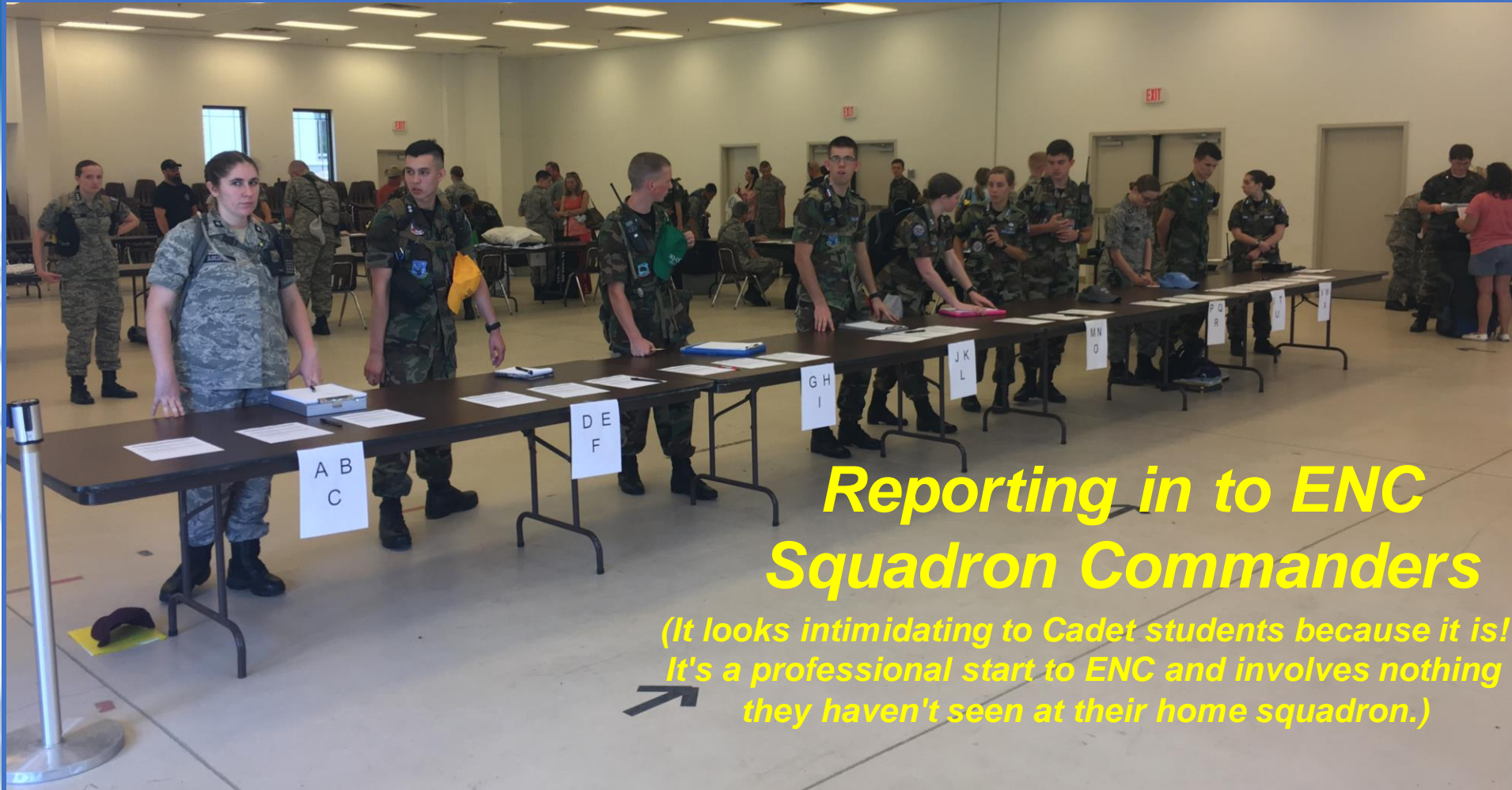
Check-In (How it actually looks... busy!!!)



Virginia Wing Encampment



Check-In



Reporting in to ENC Squadron Commanders

*(It looks intimidating to Cadet students because it is!
It's a professional start to ENC and involves nothing
they haven't seen at their home squadron.)*

Virginia Wing Encampment



Check-In



***After check in, parents will take their
Cadets to a dropoff/goodbye point.***



Barracks



These are open squad bay barracks, with floors or entire buildings separated by gender. This is what the outside looks like.



Barracks



***This is what the inside of the barracks
will look like upon student arrival.
Home sweet home!!!***



Barracks



(Preferably no orange blankets please.)

All participants shall bring their own sheets, blankets, pillows, and pillow cases.

Virginia Wing Encampment



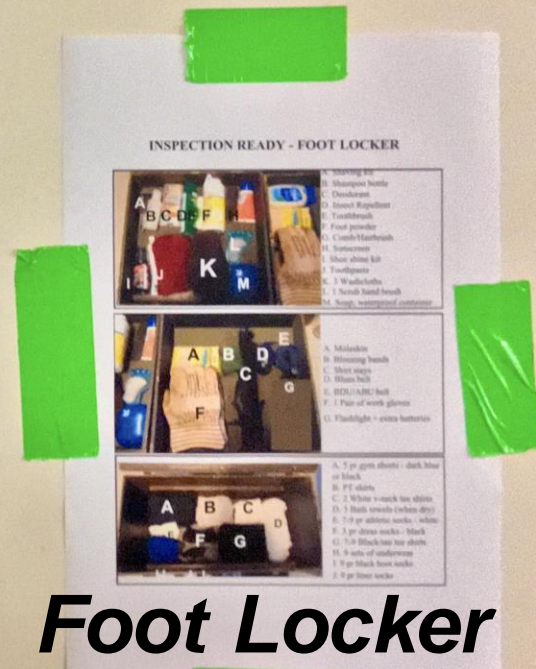
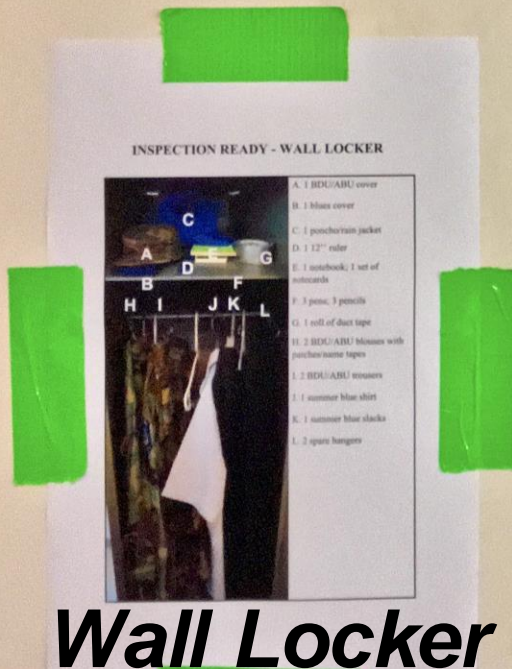


Barracks



**Cadet Cadre
staff will provide
plenty of "free"
guidance.**

**Make your gear
look like the
pictures!**

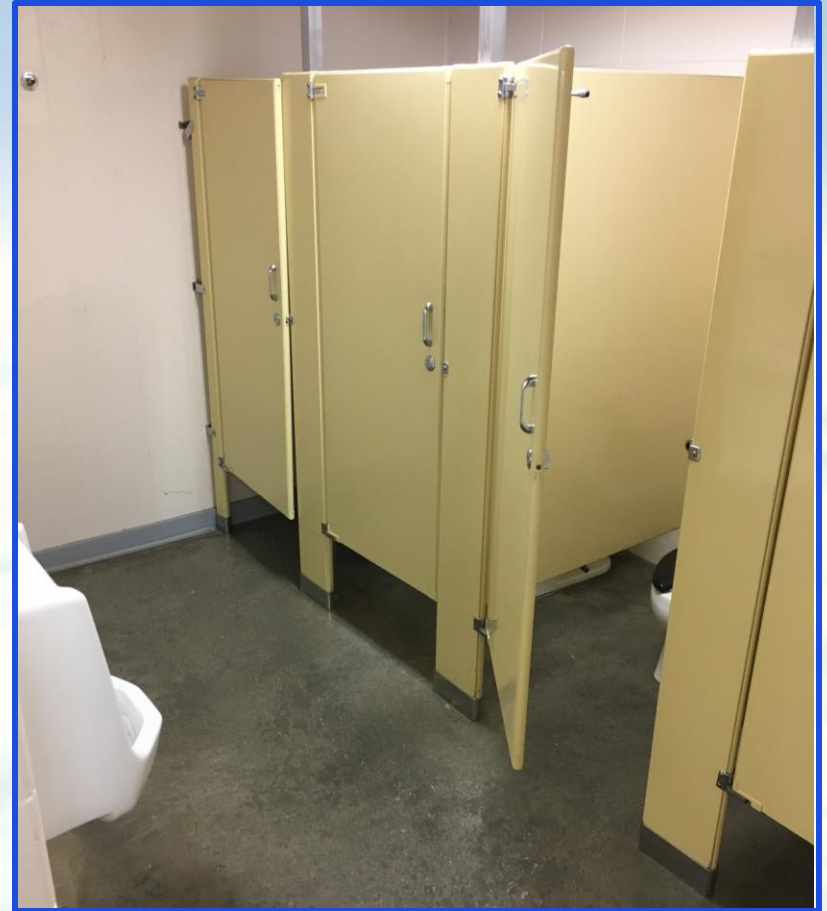




Barracks



Bathroom sinks



Stalls

Virginia Wing Encampment



Barracks



***Semi-Private
Shower Stalls***

Virginia Wing Encampment



Barracks



***Separate changing
areas available in
each barracks***

Virginia Wing Encampment



Overnight Lodging at Cadet Activities



https://www.gocivilairpatrol.com/programs/cadets/parents/overnight-lodging-at-cadet-activities?fbclid=IwAR1vKVSOGEHZbJQUVV4F1x4NcOSQlnBJRE_eh48Fg3e0xEDUJdjxlhVSOac

Virginia Wing Encampment



Classroom



After check in and barracks setup, students will have a massive opening brief.



GOALS

Read, understand, & sign the agreement.



W 101 HONOR AGREEMENT

I, Cadet _____, CAP, have come to encampment to experience the full range of opportunities and challenges available in the CAP Cadet Program.

I understand that encampment offers me a chance to

- develop leadership skills,
- learn about aviation, space, and technology,
- demonstrate my commitment to physical fitness, and
- live the Core Values.

I understand that to accomplish those goals the encampment is run in a strict, military-like training environment, and therefore I pledge to:

INITIALS consistently display a high level of self-discipline, military bearing, and military customs and courtesies.

INITIALS maintain my quarters and personal gear in a constant state of readiness for inspection.

INITIALS be open to new experiences and actively participate in all classes, tours, activities, academic assignments, and calisthenics and sports.

INITIALS live in a community with my fellow cadets, rise for First Call at _____, turn-in for Taps at _____, and, to develop my self-reliance, go without phones and the Web.

INITIALS obey all CAP rules and regulations in fact and spirit, and to cooperate with the cadets and seniors who are appointed to lead, train, and assist me.

INITIALS help my fellow cadets succeed as I put service to my team before myself.

I accept encampment's challenges and pledge to meet them with my very best effort. I am ready to train and I hereby request admittance to my Flight.

CADET

FLIGHT COMMANDER

TRAINING OFFICER



Look and Feel of Encampment



Barracks



**Support
Buildings**

**Support
Buildings**

***This is a typical setup to move Cadets to
ENC activities. It's a large undertaking!!!***



Dining Facility



Plenty of room for everyone!



(Pre-COVID 2018)



Dining Facility



- ENC can accommodate a WIDE variety of special dietary needs.
- Your Cadet MUST be familiar with what they can and cannot eat.
- All dietary needs or restrictions must be listed on medical forms ahead of time.
- Other items:
 - Meal times
 - Time allotted
 - Special drinks
 - No other snacks
 - DS Staff
 - Prof. Catering
 - Food prices





Dining Humor (It helps.)



What's For Dinner? Chipotle Bowls!

- Rice
- Refried Beans
- Ground Beef
- Cheese
- Mild Salsa
- Lettuce
- Sour Cream
- Chips

Drinks

- Water
- Gatorade
- Sweet Iced Tea

Note: You MUST drink at least ONE (1) cup of water, AND TWO (2) cups of Gatorade. This is a requirement Before having tea!!

Joke of the day:

Do you know how to cut onions without crying?
The trick is to not get emotionally attached.

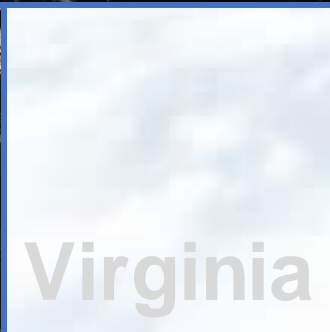


Quote of the day

Fight the way we train, train the way we fight.



Encampment... An Opportunity Unlike Any Other



Virginia



LRC

Leadership Reaction Course





LRC

Leadership Reaction Course



The LRC is comprised of a series of obstacles that are designed to foster leadership, teamwork, communication, and critical thinking.



Orientation Flights



nt



Morning Physical Training





Morning Physical Training

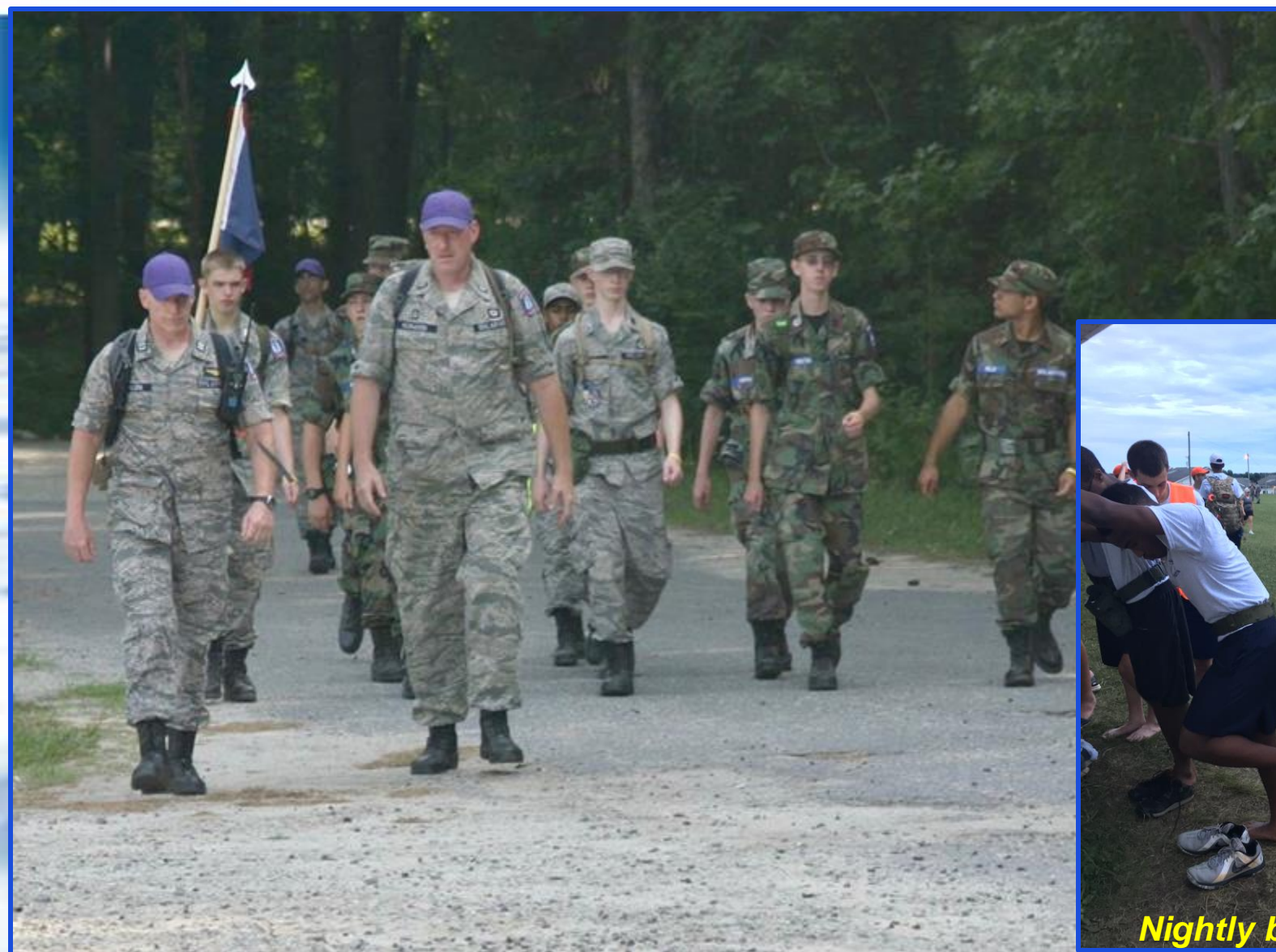


PT conducted in large groups

Virginia Wing Encampment



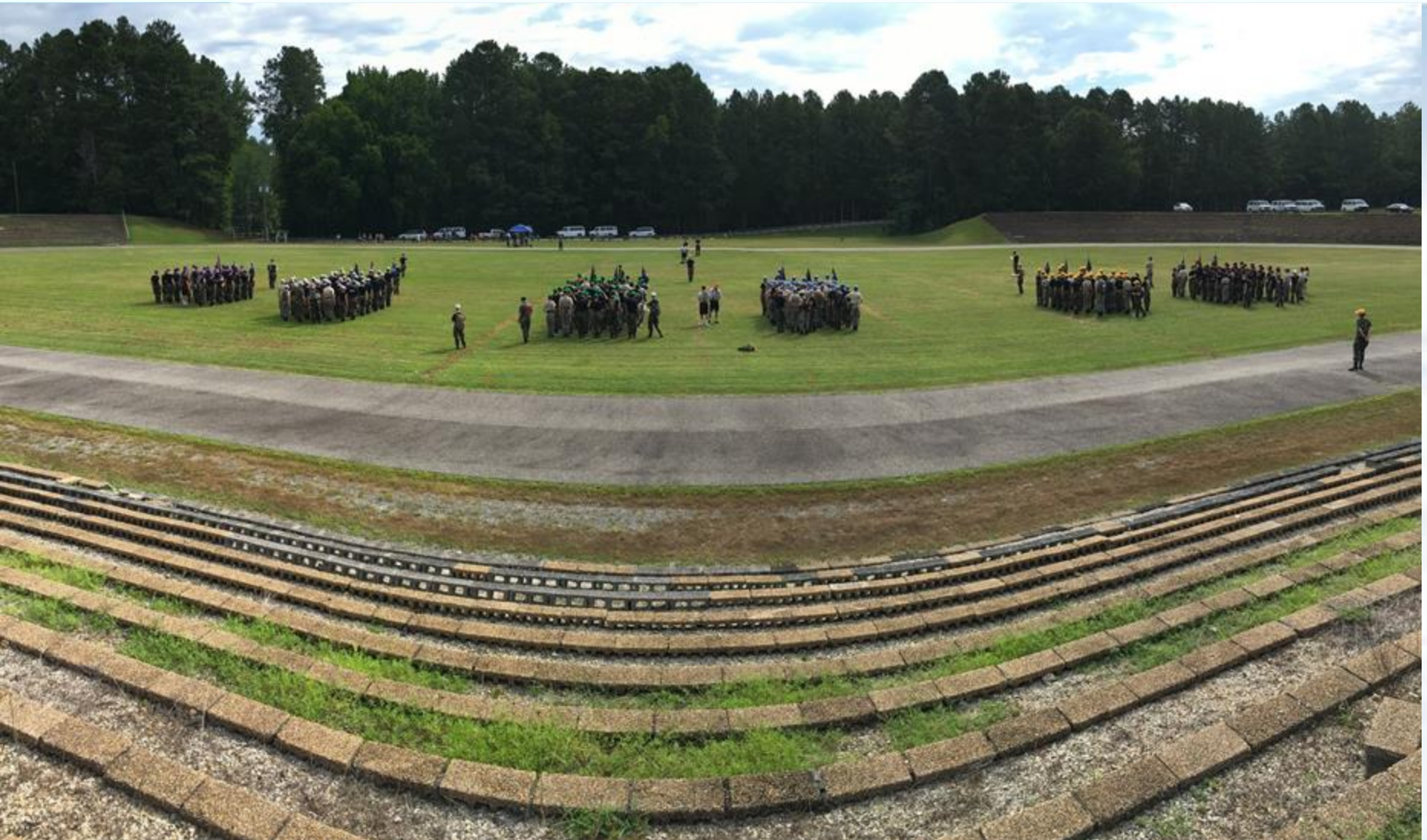
And Lots of Walking!!!



Nightly blister checks



Graduation Prep



Virginia Wing Encampment

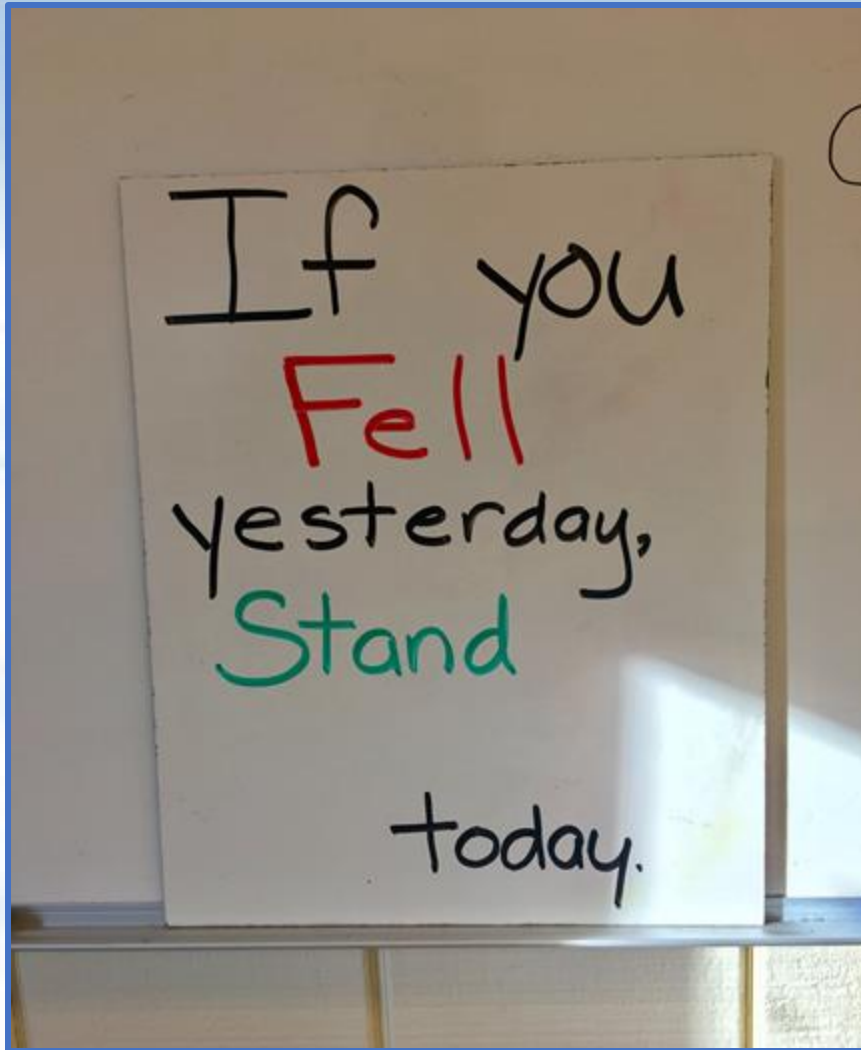


Graduation





Questions?



*Actual sign posted by Cadet
Cadre leaders at
VAWG Encampment.*

WHY do Encampment?

- *This program produces young men and women who fall and get back up.*

And...

- *This program produces young leaders who inspire others to do the same.*

Virginia Wing Encampment



Encampment Parent Brief



Civil Air Patrol Cadet Programs

We make leaders!